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CLUB RULES

1 ADMINISTRATIVE RULES

1.14 GENERAL

- 1.1.1** That the name of the Club be Southend Wheelers and that it be affiliated to the British Cycling (BC), the Cycling Time Trials (CTT), the British Cyclo Cross Association (BCCA), and other Associations, governing bodies, leagues and organisations, decided annually by the club committee.
- 1.1.2** The Club Headquarters are at the Eastwood Community Centre, Western Approaches, Eastwood. Club night is on Monday evenings.
- 1.1.3** Every member be provided with a copy of the club rules and that all members abide thereby.
- 1.1.4** An inventory is to be kept of all club possessions including their locations.
- 1.1.5** Any case not provided for in these rules to be decided by the committee, between General Meetings.

1.2 MEMBERSHIP

- 1.2.1** Election of members shall be decided by the committee.
- 1.2.2** The membership year shall be for the twelve month period from 1 October to 30 September.

Fees shall be as follows:

Seniors aged 18 to 60 years	£23.00
Juniors aged 16-18 years	£6.00
Juvenile under 16 years	£6.00
Senior Citizens (aged 60 on or before January 1st in that membership year)	£15.00
Husband and wife full membership	£30.00
Husband and wife senior citizens	£18.00
Family membership (Parent(s), and children under the age of 18 years)	£33.00
Social members*	£12.00

* excludes Club cycling, racing or training. and voting at General meetings.

- 1.2.3** Club subscriptions do NOT include BC or Cycle Tourists Club (CTC) membership.
- 1.2.4** New members joining for the first time after 1st April may pay the appropriate subscription pro-rata to the end of the membership year.
- 1.2.5** A Juvenile is one who has not attained the age of sixteen years and a Junior is one who has not attained the age of eighteen years in the respective membership year.
Also see time trial rule 3.1.4.
- 1.2.6** Members who wish to accept additional personal sponsorship, as sanctioned by the National bodies, shall seek the approval of the club committee, register the sponsor(s) with the national federations, and pay the relevant registration fees.
- 1.2.7** Members whose subscriptions are in arrears at 1st January shall be struck off after at least one reminder from the Membership secretary.
- 1.2.8** That life members be elected at the Annual General Meeting, and not more than one in any two years.

- 1.2.9** That honorary members be elected at the discretion of the club committee for a period of not more than one year. Such membership may, however, be renewed annually.
- 1.2.10** That all members and officials wishing to resign shall give notice, in writing, to the General secretary. Any club property shall be returned when a member tenders their resignation.

1.3 GENERAL MEETINGS

- 1.3.1** That the Annual General Meeting of the club be held in September each year.
- 1.3.2** A Special General Meeting may be either called by the club committee or: 20 members (excluding Social members) or 50% of the total membership, whichever is the less, providing 14 days notice is given to the general secretary.
- 1.3.3** Amendments to club rules may only be made at an Annual General Meeting or a Special General Meeting. Such propositions shall be given to the General secretary six weeks before the Annual General Meeting or earlier. The General secretary shall list same and shall display on the club headquarters notice board for one month before the Annual General Meeting.

1.4 MANAGEMENT

- 1.4.1** Officers of the club shall consist of Patron(s), President, Vice- Presidents, Chairman, General secretary, Membership secretary, Treasurer, Time Trial secretary, Assistant Time Trial secretary, Racing secretary, Press secretary/web liaison, Web Master, Social secretary, Coaching secretary, Handicapper, Catering manager, Newsletter editor, Marshalling secretary, Club runs secretary, Awards secretary and Clothing officer, all of which are honorary appointments.
- 1.4.2** All Officers, open event organisers and General Committee to be elected at the Annual General Meeting. An Auditor shall also be elected at the AGM but shall not be a member of the club committee.
- 1.4.3** The club committee shall consist of all the Officers above (except the Patron[s], Vice Presidents and Club handicapper and Club Welfare Officer) plus two members representatives (one to be under the age of 18 years) and the open event organisers. Eight members to form a quorum.
The Chairman to have a casting vote.
- 1.4.4** The committee shall be empowered to conduct the business of the club and to meet at such times as are necessary.
- 1.4.5** Any member of the club committee who wishes to resign shall give notice, in writing, to the General secretary in order for sufficient time for any club business or work to be taken over without dislocation. Any club property held in connection with the position on the club committee must be returned.

- 1.4.6** That a member of the committee who fails to attend three consecutive meetings without giving satisfactory reasons for absence shall cease to be a member of the committee. The committee shall have power to fill vacancies that arise.
- 1.4.7** Any sub committee or individual club member responsible for spending monies on behalf of the club, must first obtain the approval of the main club committee. If, due to time scales, this action is not possible, permission must be obtained from the Treasurer and three other elected committee members. Any club commitment to affiliate to other bodies may be paid by the Treasurer as they become due. All other invoices must be sanctioned by the club committee before payment.
- 1.4.8** Minutes of all meetings shall be kept by the General secretary and must be submitted for confirmation. These minutes shall be open for inspection by any member upon reasonable request to the General secretary.
- 1.4.9** The General secretary shall place before the committee the names of all members who are one month in arrears with their subscriptions and other monies. The committee shall have the power to deal with members as they think fit.

2 COMPETITION RULES

2.1 GENERAL

- 2.1.1** All riders taking part in competitive events are governed by the Rules and Regulations of the appropriate National Governing Bodies; CTT, BC, BCCA, as well as any additional club rules contained herein.
- 2.1.2** The official club racing vest/skinsuit be gold, white and black, and that this design be registered with the BC. This vest/skinsuit to be worn in all open events. Any inscription (which shall not include any club sponsors names or logos) carried on race clothing shall conform to the appropriate BC/CTT requirements.
- 2.1.3** That each member carries out a minimum of three duties at racing events in each year. The club committee are empowered to credit members with exemption from marshalling duties as a result of carrying out other agreed club duties. Such duties to be agreed prior to the allocation of marshalling responsibilities.
- 2.1.4** There shall be no more than one unrelated racing event organised by the club on any one day.
- 2.1.5** Any rider owing monies from a previous club event may not be permitted to start.
- 2.1.6** All riders competing in open events shall submit details of the result to the appropriate racing secretary.
- 2.1.7** Members who wish to compete in Mountain Biking (MTB) racing in the name of another MTB Club, and to race on the road and/or track for the Southend Wheelers (or vice versa), may do so under the rules of the BC. Such members must register with the Membership secretary. They shall be entitled to take Club Championships, records and awards in leagues. Such members shall not take precedence over other members in other Club organised activities.
- 2.1.8** Members who wish to race totally in the name of another club shall not be entitled to take club championships, records, or awards, nor shall they take precedence over other members in other club organised activities.

2.2 CLUB TROPHIES

- 2.2.1 Windsor Cup:** For the most improved performance(s) shall be decided by the club committee during each season and their decision shall be final.
- 2.2.2 Jack Ivory Memorial cup:** Awarded annually to the club member who, is adjudged by the club committee, as the most successful in open competition and their decision shall be final.
- 2.2.3 The Road Race cup:** Awarded to the rider who gains the most points, as entered on their racing licence, in BC road races, road race stages and circuit races, in a season. Veterans, ladies and juveniles to be awarded points as per equivalent events for seniors and juniors, as specified in the BC handbook. Points gained in track events not to count.
- 2.2.4 Veterans Road Race Points Championship Trophy:** Awarded to the rider who gains most points to be accumulated from up to 7 age related road races anywhere in the country (subject to ratification by the committee). In the event of a tie on points the award will be given to the older rider.

Points to be awarded by placing within age category as follows:

Age category	Points
less than 60	15 points decreasing to 1 point for placing 1st to 15th respectively
60 – 64	14 points decreasing to 1 point for placing 1st to 14th respectively
65 – 69	12 points decreasing to 1 point for placing 1st to 12th respectively
over 70	11 points decreasing to 1 point for placing 1st to 11th respectively

- 2.2.5 Club Best all Rounder trophy:** To be decided on points gained over the following distances in nominated club events only, consisting of 10, 25, 50, time trials, a hilly time trial of between 15 and 30 miles as courses dictate and a club scratch road race. Two events at each distance except the Club scratch road race, with the best placing at each distance to count. Private time trials are excluded. The winner of each event to receive 1 point, increasing by one point down to the last rider in the event, the winner of the competition having the least amount of points. The Time Trial secretary will nominate the events at the start of every season, and at least one event at each distance must be completed.
- 2.2.6** An award is to be given annually for the most meritorious performance during the season in Cyclo Cross events. The recipient to be decided by the club committee whose decision shall be final.
- 2.2.7** That any trophies, championships or leagues won during a period of first claim membership, shall be awarded to that member.
- 2.2.8** Signatures of receipt are to be obtained for all perpetual cups and trophies owned by Southend Wheelers.

3 TIME TRIAL RULES

3.1 GENERAL

- 3.1.1** All members competing in time trials shall be BC or CTC members for their own protection.
- 3.1.2** A Veteran is one who has attained the age of forty years.
- 3.1.3** A consolation time trial is open to any member who has competed in at least one time trial in the course of a season but has not taken any awards.
- 3.1.4** For club time trial purposes only, both juvenile and junior club membership will extend to 31st December in the following membership year, provided that the appropriate membership subscription has been paid for that year.
Also see club administrative rule 1.2.5.
- 3.1.5** No Juvenile will be permitted to participate in time trials of more than 30 miles and that no junior member may compete in time trials of more than 50 miles unless granted permission by the club committee.
- 3.1.6** Entries will only be accepted from teams or classes of machine as specified in the programme of club time trials published in the club handbook, except that tandems will be allowed to enter solo unrestricted events as privates.
- 3.1.7** The club time trial entry fee to be £3 per entry, £2 for juniors and juveniles. private time trials to be £3 and £2 as above (Including CTT levy).
- 3.1.8** Entries for Sunday club events are to be made by the Wednesday before the event.
- Note:** If no more than three prior entries are received, the event shall be cancelled and the entrants notified. Entrants who do not start will be obliged to pay the stipulated entry fee. Members entering on the line will be classed as Private Time Trials and will only be accepted at the discretion of the time-keeper.
- 3.1.9** Handicapping for club events will be done by the Club handicapper.

3.2 TIME TRIAL CHAMPIONSHIPS

- 3.2.1 Club Championships:** Are to be a season long competition and are to be decided over the following distances on an average of miles per hour.
- Senior and Handicap Championships** - 10, 25 and 50 miles.
Ladies and junior Championship - 10, 25 and 30 miles.
- Only club events to count. Private time trials are excluded.
- Veterans Handicap Championship** to be a season long competition decided on average of miles per hour. The Time Trial secretary will nominate events at 10, 25, 30 and 50 miles, and at least one event at each distance must be completed.
- 3.2.2** Qualifying rides for the club championships must be ridden in the name of the club.
- 3.2.3 Juvenile Championship** shall be decided by the average mph of any two club 10 mile time trials.

3.3 ANNUAL COMPETITIONS AND TIME TRIAL LEAGUES

3.3.1 The Veterans Age Standard Competition to be a season long competition over 10, 25 and 50 miles. The best performance on age standard to count. Qualifying events are all club Time Trials. Private time trials are excluded.
The winner is awarded the **Bert Spencer Trophy**.

3.3.2 **The Mignot Trophy:** Awarded to the rider over 30 years of age who records the fastest average miles per hour over 25, 50 and 100 miles. Any event to count except private time trials.

3.3.3 **The Sunday Time Trial League** to be decided on points gained as follows. The winner of each event to receive 60 points, reduced by one point for each place down to 60th place. Final positions to be decided on points scored from a maximum of ten events and all riders, regardless of category will be listed in one table for scratch and one table for handicap awards.

The scratch award to be given to the first three riders (regardless of category), first three juniors, first three juveniles and first three ladies, or 50% of those competing, whichever is the less.

The awards for the handicap league to go to the first three riders (regardless of category).

3.3.4 **Saturday Handicap League:** To be decided on points gained as follows. The winner of each event to receive 60 points reduced by one point for each place down to 60th place. Final positions to be decided on points scored from a maximum of the next number of events greater than half of the total number. Awards to be given to the first three riders, or 50% of those competing if less than 12. The smallest majority of events to count (i.e. 3 events if the total is 5).

3.3.5 **Evening Time Trial League:** To be decided on points gained as follows.
The winner of each event to receive 60 points reduced by one point for each place down to 60th place. Final positions to be decided on points scored from a maximum of ten events. Awards to be given to the first six male riders. Awards to be given to the first three Lady riders and competitors medals to be given to all Lady riders who complete five events. Awards to be given to the first three Junior/Juvenile riders and competitors medals to be given to all Junior/Juvenile riders who complete five events.

3.3.6 **Veterans time trial leagues:** To be run in conjunction with the Sunday and evening time trial leagues and be decided on points gained as follows. The winner of each event to receive 60 points reduced by one point for each place down to 60th place. Positions to be decided on an adjusted age standard based on one second per mile per year of age over forty. Awards to be given to the first three riders, or 50% of those competing, whichever is the less. The number of counting events to be as the Sunday and evening leagues respectively. Awards for ties to be shared.

3.4 TIME TRIAL AWARDS

3.4.1 **The Club Time Trial championships:-**
The Club Time Trial Champion to take cup and medal.
Runner up to receive medal.
Club Time Trial Handicap champion to receive medal.
The Junior Time Trial Champion to receive cup and medal.
Club championship medals to be silver gilt, runners up medal to be silver and they must be distinctive from standard medals.

Note: Champions must take championship medals. It is not permissible to take the "value" in order to buy other prizes.

- 3.4.2 The amount of all time trial awards, based on the number of entries received, will be determined by the club committee.
- 3.4.3 Club medals are to be awarded on every occasion that an individual or team record is broken.
- 3.4.4 A certificate showing the fastest times achieved by a member in a season will be available on request.

3.5 TIME TRIAL RECORDS

- 3.5.1 All categories of competition records listed in the CTT handbook are recognised for club records and Veterans age related records as specified by the VTTA. No other categories will be allowed unless agreed by a General Meeting of club members.
- 3.5.2 Members must make a written claim, supported by documentary evidence if necessary within 28 days of establishing or breaking a record.
- 3.5.3 A club record shall be nullified if the member does not retain continuous full membership for at least one year after the record has been set.

4. TRACK RULES

4.1 General

- 4.1.1 That all club riders are governed by the British Cycling (BC), its rules and bye-laws. Club track riders are responsible for making them selves acquainted with the aforementioned rules.

- 4.1.2 That the Club Track Championship to be decided on points gained in the following club scratch events:
4 laps, 8 laps, 20 laps, 1000 metres time trial and 2 laps sprint.

The **Club Junior Track Championship** and **Club Ladies Track Championship** to be decided on points gained in the following Club scratch events:-
1 lap sprint, 500 metres time trial, 4 laps and 8 laps,

All based on a 450 metre track, or nearest equivalent on smaller tracks.

Points for the championship to be awarded are 4,3,2,1 for each event

- 4.1.3 That the awards for the club Track Championships to be medals. Fees for the Track Championships to be decided annually by the club committee.